



PRETTY IN PINK  
AFTERNOON HIGH TEA  
ALLERGEN INFORMATION GUIDE

## THE ORANGERY TEA HOUSE SOUTHAMPTON AFTERNOON TEA ALLERGEN INFORMATION GUIDE

Here you'll find a list of all of the products sold in The Orangery Tea House Southampton, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Please remember to check this guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our kitchen every day but as we use many ingredients and shared equipment, cross contact is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the risk of cross contact.

Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.

In addition we also declare Pine Nuts as an allergen.

If you are interested in an ingredient outside the 15 listed below or if you have any trouble finding what you're looking for, just contact our team - [southampton@theorangeryteahouse.co.uk](mailto:southampton@theorangeryteahouse.co.uk)



The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts	Lupin	Cereals	Milk
Sesame	Mustard	Containing Gluten	Molluscs
Crustaceans	Soya	Celery & Celeriac	Sulphur Dioxide
Eggs	Nuts	Fish	Pine Nuts

# PRETTY IN PINK AFTERNOON TEA MENU

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CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE	
<b>SAVOURIES</b>																										
SUNBLUSHED TOMATO HUMMUS WAFFLE CONE	Y	Y		May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	✓	✓				May Contain	May Contain					✓	
HAM HOCK CROSTINI WITH SWEET DROP RED PEPPERS															✓											
CANDIED BEETROOT, HORSERADISH & CARAWAY SEED TARTLET															✓				✓	✓						
SALMON & CREAM CHEESE ECLAIR															✓	✓			✓	✓						
<b>SCONES</b>																										
RUBY CHOCOLATE PINK SCONES WITH RASPBERRY PRESERVE & CLOTTED CREAM	Y														✓				✓	✓					✓	
<b>PETIT FOURS</b>																										
PINK LADY APPLE TART															✓				✓	✓					✓	
CLASSIC ETON MESS	Y		Y																✓	✓						
VANILLA & ROSE MACARON	Y		Y		✓															✓						
PINK LEMONADE SPONGE	Y														✓				✓	✓					✓	

# PRETTY IN PINK AFTERNOON TEA VEGAN MENU

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CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE	
	<b>SAVOURIES</b>																									
SUNBLUSHED TOMATO HUMMUS WAFFLE CONE	Y	Y		May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	✓	✓				May Contain	May Contain					✓	
SHITAKE MUSHROOM PATE CROSTINI WITH SWEET DROP RED PEPPERS	Y	Y					✓								✓										✓	
CANDIED BEETROOT, HORSERADISH & CARAWAY SEED TARTLET	Y	Y													✓											
RED PEPPER & PLANT BASED CREAM CHEESE CRACKER	Y	Y													✓											
<b>SCONES</b>																										
RUBY CHOCOLATE PINK SCONES WITH RASPBERRY PRESERVE & PLANT BASED CREAM	Y	Y	Y																						✓	
<b>PETIT FOURS</b>																										
PINK LADY APPLE TART	Y	Y													✓											
CLASSIC ETON MESS	Y	Y	Y																							
VANILLA & ROSE MACARON	Y	Y	Y		✓																					
PINK LEMONADE SPONGE	Y	Y	Y																					✓		

# PRETTY IN PINK AFTERNOON TEA GLUTEN FREE MENU

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<b>SAVOURIES</b>																										
SUNBLUSHED TOMATO HUMMUS CRACKERBREAD	Y		Y											✓											✓	
HAM HOCK CROSTINI WITH SWEET DROP RED PEPPERS			Y																							
CANDIED BEETROOT, HORSERADISH & CARAWAY SEED TARTLET			Y																							
SALMON & CREAM CHEESE CRACKER			Y													✓			✓							
<b>SCONES</b>																										
PINK SCONES WITH RASPBERRY PRESERVE & CLOTTED CREAM	Y		Y																✓						✓	
<b>PETIT FOURS</b>																										
PINK LADY APPLE TART			Y																✓	✓					✓	
CLASSIC ETON MESS	Y		Y																	✓						
VANILLA & ROSE MACARON	Y		Y		✓															✓						
PINK LEMONADE SPONGE	Y	Y	Y																					✓		

# PRETTY IN PINK AFTERNOON TEA NUT FREE MENU

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<b>SAVOURIES</b>																										
SUNBLUSHED TOMATO HUMMUS WAFFLE CONE	Y	Y		May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	✓	✓				May Contain	May Contain					✓	
HAM HOCK CROSTINI WITH SWEET DROP RED PEPPERS															✓											
CANDIED BEETROOT, HORSERADISH & CARAWAY SEED TARTLET	Y	Y													✓											
SALMON & CREAM CHEESE ECLAIR															✓	✓			✓	✓						
<b>SCONES</b>																										
PINK SCONES WITH RASPBERRY PRESERVE & CLOTTED CREAM	Y														✓				✓						✓	
<b>PETIT FOURS</b>																										
PINK LADY APPLE TART															✓				✓	✓					✓	
CLASSIC ETON MESS																			✓	✓						
VANILLA & ROSE SPONGE	Y	Y	Y																						✓	
PINK LEMONADE SPONGE	Y														✓				✓	✓					✓	

# CHILDREN'S AFTERNOON TEA MENU

Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.

CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE	
<b>SAVOURIES</b>																										
CHEDDAR CHEESE BAGEL	Y													May Contain	✓				✓		May Contain		May Contain			
HAM & TOMATO BAGEL														May Contain	✓				✓		May Contain		May Contain			
<b>SCONES</b>																										
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y														✓				✓	✓						
<b>PETIT FOURS</b>																										
MINI CARROT CAKE					May Contain	May Contain		May Contain	May Contain	May Contain	May Contain	✓		May Contain	✓				✓	✓					✓	
MINI ROSEWATER & RASPBERRY CHEESECAKE	Y				✓	May Contain		May Contain	May Contain	May Contain	May Contain	May Contain		May Contain	✓				✓	✓						
RICH CHOCOLATE SPONGE CAKE	Y				May Contain	May Contain		May Contain	May Contain	May Contain	May Contain	May Contain			✓				✓	✓				✓		

# CHILDREN'S AFTERNOON TEA GLUTEN FREE MENU

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<b>SAVOURIES</b>																									
CHEDDAR CHEESE BAGEL	Y		Y																✓		May Contain		May Contain	✓	
HAM & TOMATO BAGEL			Y																		May Contain		May Contain	✓	
<b>SCONES</b>																									
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y		Y																✓						✓
<b>PETIT FOURS</b>																									
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																					✓	
CHOCOLATE BROWNIE	Y		Y		May Contain			May Contain		May Contain	May Contain	May Contain							✓	✓					



# CHILDREN'S AFTERNOON TEA VEGAN MENU

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<b>SAVOURIES</b>																										
PLANT BASED CHEESE BAGEL	Y	Y													May Contain	✓				May Contain		May Contain		May Contain		
PLANT BASED CHEESE & TOMATO BAGEL	Y	Y													May Contain	✓				May Contain		May Contain		May Contain		
<b>SCONES</b>																										
MINI FRUIT SCONE WITH STRAWBERRIES & STRAWBERRY PRESERVE	Y	Y	Y																May Contain						✓	
<b>PETIT FOURS</b>																										
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																						✓	
CHOCOLATE & RASPBERRY SLICE	Y	Y	Y	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain												✓	

# CHILDREN'S AFTERNOON TEA NUT FREE MENU

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<b>SAVOURIES</b>																										
CHEDDAR CHEESE BAGEL	Y														May Contain	✓			✓		May Contain		May Contain			
HAM & TOMATO BAGEL															May Contain	✓										
<b>SCONES</b>																										
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y														✓				✓	✓						
<b>PETIT FOURS</b>																										
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																						✓	
CHOCOLATE & RASPBERRY SLICE	Y	Y	Y	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain													✓	